

Metro East Conference Championship Thursday, May 21, 2015 at Mahtomedi

Varsity - Boys

1.	North St. Paul	160.5
2.	Hastings	144.5
3.	St Thomas Academy	87
4.	Mahtomedi	69.5
5.	Henry Sibley	68
6.	Tartan	58
7.	South St. Paul	57
8.	Simley	46
9.	Hill-Murray	10.5

100 Meters - Varsity - Finals

1.	12	Akeem Sirleaf	10.91a	North St. Paul
2.	11	Isaiah Koran	10.98a	North St. Paul
3.	11	Josh Hallum	11.19a	St Thomas Academy
4.	11	Derek Edwards	11.24a	Hastings
5.	11	Chase Fleischauer	11.60a	Tartan
6.	10	Jalen Frye	11.63a	Mahtomedi
7.	11	Bishop McDonald	11.68a	North St. Paul
8.	12	David Sierakowski	11.73a	Mahtomedi

100 Meters - Varsity - Prelims

1.	12	Akeem Sirleaf	10.78a	North St. Paul
5.	11	Derek Edwards	11.25a	Hastings
2.	11	Josh Hallum	11.27a	St Thomas Academy
3.	11	Isaiah Koran	11.35a	North St. Paul
6.	11	Bishop McDonald	11.60a	North St. Paul
4.	11	Chase Fleischauer	11.61a	Tartan
7.	10	Jalen Frye	11.62a	Mahtomedi
8.	12	David Sierakowski	11.66a	Mahtomedi
9.	12	Jack Blaney	11.69a	Hill-Murray
10.	11	Jose Coelho	11.70a	Simley
11.	9	Cyrus Kalkwarf	11.71a	Tartan
12.	12	James Prell	11.73a	Tartan
13.	10	KeShawn Wilson	11.75a	Simley
14.	12	Jaden Bjorklund	11.78a	South St. Paul
15.	11	Danny Pietruszewski	11.83a	South St. Paul
16.	10	Ovie Embu	11.86a	Hastings
17.	11	Sam McKinney	11.86a	Hastings
18.	12	Michael Jacobson	12.04a	St Thomas Academy
19.	12	Trenton McCloud	12.05a	South St. Paul
20.	10	Micah Curtis Thompson	12.06a	Henry Sibley
21.	12	George Gallagher	12.11a	Hill-Murray
22.	12	Aaron Li	12.14a	Mahtomedi
23.	10	D'Aundre Tolson	12.30a	Henry Sibley
24.	12	Jack Caspers	12.41a	St Thomas Academy
25.	10	Sam Henkes	12.59a	Hill-Murray
	11	Stephon Day	DNS	Simley
	12	Adan Rodriguez	DNS	Henry Sibley

200 Meters - Varsity - Finals

1.	12	Akeem Sirleaf	21.88a	North St. Paul
2.	11	Josh Hallum	22.56a	St Thomas Academy
3.	10	Joel Woja	23.23a	Simley
4.	11	Derek Edwards	23.25a	Hastings
5.	12	Matt Amspoker	23.26a	Simley
6.	12	Jack Blaney	23.29a	Hill-Murray
7.	11	Mark Bastiaens	23.33a	St Thomas Academy
8.	12	James Prell	23.73a	Tartan

200 Meters - Varsity - Prelims

1.	12	Akeem Sirleaf	21.98a	North St. Paul
2.	11	Josh Hallum	22.90a	St Thomas Academy
3.	11	Derek Edwards	23.14a	Hastings

5.	11	Mark Bastiaens	23.20a	St Thomas Academy
6.	12	Matt Amspoker	23.57a	Simley
7.	10	Joel Woja	23.61a	Simley
4.	12	James Prell	23.68a	Tartan
8.	12	Jack Blaney	23.73a	Hill-Murray
9.	12	Quarn Lawrence	23.80a	North St. Paul
10.	9	Cyrus Kalkwarf	23.85a	Tartan
11.	11	Julian Carter	23.88a	Henry Sibley
12.	12	David Sierakowski	23.91a	Mahtomedi
13.	11	Damari Wilson	23.92a	Tartan
14.	11	Alex Poncelet	23.96a	Hastings
15.	11	Treshon Sanders	24.03a	Hastings
16.	12	David Couper	24.19a	Henry Sibley
17.	10	Jalen Frye	24.25a	Mahtomedi
18.	11	LaQaulle Scott	24.34a	North St. Paul
19.	10	Mason Rutgers	24.62a	St Thomas Academy
20.	10	KeShawn Wilson	24.63a	Simley
21.	10	Liam Cashin	24.73a	Mahtomedi
22.	12	Roy Jackson	24.76a	South St. Paul
23.	11	Xavier Hanson	24.95a	Henry Sibley
24.	10	Zach Oberg	25.32a	South St. Paul
25.	12	George Gallagher	25.36a	Hill-Murray
26.	12	Brenden Shanley	25.98a	South St. Paul
27.	10	Sam Henkes	26.13a	Hill-Murray

400 Meters - Varsity - Finals

1.	12	Akeem Sirleaf	49.87a	North St. Paul
2.	10	Nik Chappee	50.75a	Hastings
3.	10	Joel Woja	51.27a	Simley
4.	12	Matt Amspoker	52.34a	Simley
5.	12	Chris Becker	52.69a	St Thomas Academy
6.	10	Nate Jamison	52.95a	Mahtomedi
7.	11	Kannon O'Brien	53.23a	Hastings
8.	12	Riese Bushinski	53.71a	Tartan

400 Meters - Varsity - Prelims

1.	12	Akeem Sirleaf	50.59a	North St. Paul
2.	10	Nik Chappee	51.87a	Hastings
3.	10	Joel Woja	52.26a	Simley
4.	12	Chris Becker	52.43a	St Thomas Academy
5.	10	Nate Jamison	52.47a	Mahtomedi
6.	12	Matt Amspoker	53.14a	Simley
7.	11	Kannon O'Brien	53.72a	Hastings
8.	12	Riese Bushinski	53.85a	Tartan
9.	12	Godfree Manly-Spai	54.14a	Hastings
10.	12	Peter Crooks	54.29a	Mahtomedi
11.	12	Tyler Johnson	54.52a	South St. Paul
12.	10	Mason Rutgers	54.60a	St Thomas Academy
13.	12	Kyle Christopher	54.65a	North St. Paul
14.	11	Julian Carter	54.82a	Henry Sibley
15.	10	Sakai Kelly	54.90a	Henry Sibley
16.	11	Joe Koegel	54.98a	St Thomas Academy
17.	12	Bryant Stone	55.50a	Mahtomedi
18.	-	Xavier Pinex	55.81a	Tartan
19.	10	Louis Dinzeo	56.57a	Hill-Murray
20.	9	DeShawn Johnson	57.05a	South St. Paul
21.	11	Ike Allickson	57.32a	North St. Paul
22.	12	Nick Ricci	57.42a	South St. Paul
23.	11	Thomas Murphy	57.59a	Henry Sibley
24.	10	Anthony Hurley	1:01.43a	Hill-Murray
25.	12	Max Wilde	1:02.63a	Hill-Murray
	11	Stephon Day	DNS	Simley

800 Meters - Varsity - Finals

1.	11	Samuel Nofziger	2:00.35a	Tartan
2.	12	Bobby Verchota	2:00.51a	Hastings

3.	12	Kyle Gilberg	2:02.24a	Henry Sibley
4.	12	Robal Yebyo	2:04.06a	South St. Paul
5.	10	Jacob Brown	2:05.25a	Hastings
6.	11	Mason Minnick	2:05.92a	Hastings
7.	12	Aaron Schweitz	2:05.96a	St Thomas Academy
8.	10	Jack Korte	2:06.57a	Henry Sibley
9.	11	Thomas Acquoi	2:07.01a	North St. Paul
10.	11	Andrew Cooper	2:07.07a	Mahtomedi
11.	10	Kenny Wright	2:08.08a	St Thomas Academy
12.	11	Tim Ekblad	2:10.22a	Henry Sibley

800 Meters - Varsity - Prelims

1.	12	Bobby Verchota	2:01.46a	Hastings
2.	11	Mason Minnick	2:03.19a	Hastings
4.	12	Robal Yebyo	2:03.31a	South St. Paul
5.	10	Jacob Brown	2:03.80a	Hastings
7.	11	Andrew Cooper	2:05.68a	Mahtomedi
3.	11	Samuel Nofziger	2:05.78a	Tartan
8.	11	Thomas Acquoi	2:05.86a	North St. Paul
9.	12	Aaron Schweitz	2:05.91a	St Thomas Academy
6.	12	Kyle Gilberg	2:05.96a	Henry Sibley
10.	10	Kenny Wright	2:06.19a	St Thomas Academy
11.	10	Jack Korte	2:06.73a	Henry Sibley
12.	11	Tim Ekblad	2:06.80a	Henry Sibley
13.	10	William Tuttle	2:08.77a	Mahtomedi
14.	11	Christian Cruz	2:09.01a	South St. Paul
15.	12	Jake Pursley	2:11.04a	St Thomas Academy
16.	9	Ethan Henseler	2:11.38a	Hill-Murray
17.	12	Ryan Rodriguez	2:11.77a	North St. Paul
18.	9	Alec Jann	2:14.15a	Mahtomedi
19.	10	Tanner Anderson	2:15.66a	Simley
20.	10	Rory Chavez	2:16.55a	South St. Paul
21.	12	Joe Scull	2:18.56a	North St. Paul
22.	10	Ebenezer Ojo	2:20.24a	Simley
23.	7	Ryan Berg	2:21.12a	Simley
24.	10	Jack Freesmeier	2:22.68a	Hill-Murray

1600 Meters - Varsity - Finals

1.	11	Samuel Nofziger	4:29.44a	Tartan
2.	10	Joe Dill	4:34.71a	Henry Sibley
3.	11	Samuel Bell	4:37.50a	North St. Paul
4.	10	Noah Brenny	4:38.07a	Hastings
5.	10	Sam Enderby	4:38.15a	St Thomas Academy
6.	11	Kyle Gundmunson	4:40.26a	Hastings
7.	9	Crimzon Anderson	4:40.84a	Hastings
8.	9	Aman Bird	4:40.93a	St Thomas Academy
9.	11	Ben Allen	4:41.64a	North St. Paul
10.	12	Anthony Dupont	4:41.96a	Henry Sibley
11.	12	Eric Burrell	4:56.32a	Henry Sibley
12.	11	Elliot Campbell	5:00.41a	Mahtomedi
13.	11	John Lawder	5:01.26a	St Thomas Academy
14.	12	Paul Kittleson	5:05.74a	Mahtomedi
15.	-	Marco Gonzalez	5:07.42a	South St. Paul
16.	9	Matthew Heimerman	5:07.45a	Hill-Murray
17.	11	Yossef Kassaw	5:10.48a	North St. Paul
18.	9	Simon Yebyo	5:12.67a	South St. Paul
19.	7	Ryan Berg	5:15.62a	Simley
20.	10	Tanner Anderson	5:20.43a	Simley
21.	-	Sem Yebyo	5:22.16a	South St. Paul
22.	10	Lucas Bechtold	5:23.14a	Hill-Murray
23.	9	Harry Audette	5:27.46a	Hill-Murray
24.	11	Eric Kvasnicka	5:29.31a	Mahtomedi
25.	10	Ebenezer Ojo	5:31.14a	Simley
26.	9	Adam Revoir	5:32.57a	Tartan

3200 Meters - Varsity - Finals

1.	11	Kyle Gundmunson	9:53.85a	Hastings
2.	11	Samuel Bell	9:54.15a	North St. Paul
3.	10	Noah Brenny	9:55.46a	Hastings
4.	12	Anthony Dupont	10:02.65a	Henry Sibley
5.	10	Joe Dill	10:15.11a	Henry Sibley
6.	9	Griffin Myers	10:20.27a	Hastings
7.	9	Myles Fleming	10:21.51a	Henry Sibley
8.	11	Ben Allen	10:34.54a	North St. Paul
9.	11	Elliot Campbell	10:44.89a	Mahtomedi
10.	9	Matt Heimerman	10:57.86a	Hill-Murray
11.	10	Evan Gill	11:02.59a	North St. Paul
12.	11	Nicholas Forslund	11:02.67a	St Thomas Academy
13.	9	Simon Yebyo	11:05.12a	South St. Paul
14.	11	Eddie Carlson	11:21.86a	South St. Paul
15.	8	Kaleb Rutgers	11:22.02a	St Thomas Academy
16.	11	Joseph Henderson	11:22.66a	St Thomas Academy
17.	11	Eric Kvasnicka	11:39.57a	Mahtomedi
18.	11	Tyler Thomas	11:46.26a	Simley
19.	11	Theo Lewis	11:53.06a	South St. Paul
20.	11	Noah Mickus	12:10.56a	Mahtomedi
21.	9	Adam Revoir	12:20.72a	Tartan
22.	9	Joey Hinzman	12:34.05a	Tartan
	12	John Paulsen	DNS	Simley
	9	Timothy Wilmot	DNS	Simley

110m Hurdles - 39" - Varsity - Finals

1.	12	Ted Frid	15.04a	South St. Paul
2.	11	Clayton Johnson	15.57a	Hastings
3.	11	Cylas Alemayehu	15.62a	Mahtomedi
4.	11	Max Lichtfuss	16.07a	Henry Sibley
5.	11	Mark Bastiaens	16.11a	St Thomas Academy
6.	11	Marco Pirozzoli	16.24a	Mahtomedi
7.	12	Bjorn Buttermann	16.34a	Mahtomedi
8.	11	Nick Brzezinski	17.64a	St Thomas Academy

110m Hurdles - 39" - Varsity - Prelims

1.	12	Ted Frid	15.01a	South St. Paul
2.	11	Clayton Johnson	15.94a	Hastings
3.	11	Max Lichtfuss	16.13a	Henry Sibley
4.	11	Marco Pirozzoli	16.16a	Mahtomedi
5.	11	Cylas Alemayehu	16.20a	Mahtomedi
6.	11	Mark Bastiaens	16.55a	St Thomas Academy
7.	12	Bjorn Buttermann	16.97a	Mahtomedi
8.	11	Nick Brzezinski	17.10a	St Thomas Academy
9.	12	Korey O'Donnell	17.16a	South St. Paul
10.	10	Erik Vick	17.38a	St Thomas Academy
11.	11	Kyle Taylor	17.50a	Tartan
12.	10	Robert Anigbogu	17.71a	North St. Paul
13.	10	Colin Kummer	17.80a	Hastings
14.	11	Austin Getting	17.98a	Hastings
15.	11	Eric Baanrud	18.93a	North St. Paul
16.	11	Dylan Anderson	19.20a	North St. Paul
17.	9	Angel Rodriguez	19.47a	South St. Paul
18.	-	Omar Aguillon	21.35a	Tartan

300m Hurdles - 36" - Varsity - Finals

1.	11	Clayton Johnson	39.65a	Hastings
2.	12	Ted Frid	40.62a	South St. Paul
3.	11	Max Lichtfuss	41.19a	Henry Sibley
4.	10	Robert Anigbogu	41.95a	North St. Paul
5.	12	Bjorn Buttermann	42.22a	Mahtomedi
6.	12	Madden (Mac) Chapman	43.00a	St Thomas Academy
7.	11	Bishop McDonald	43.48a	North St. Paul
8.	11	Kyle Taylor	43.49a	Tartan

300m Hurdles - 36" - Varsity - Prelims

1.	11	Clayton Johnson	40.45a	Hastings
2.	12	Ted Frid	40.69a	South St. Paul
3.	11	Max Lichtfuss	41.64a	Henry Sibley
4.	11	Bishop McDonald	42.74a	North St. Paul
5.	12	Bjorn Buttermann	42.81a	Mahtomedi
6.	10	Robert Anigbogu	42.89a	North St. Paul
7.	12	Madden (Mac) Chapman	43.16a	St Thomas Academy
8.	11	Kyle Taylor	43.36a	Tartan
9.	12	Korey O'Donnell	43.62a	South St. Paul
10.	11	Cylas Alemayehu	43.97a	Mahtomedi
11.	10	Erik Vick	44.11a	St Thomas Academy
12.	11	Austin Getting	44.18a	Hastings
13.	11	Nick Brzezinski	44.58a	St Thomas Academy
14.	11	Marco Pirozzoli	44.98a	Mahtomedi
15.	11	Eric Baanrud	45.03a	North St. Paul
16.	12	Sam Capistrant	45.28a	Hill-Murray
17.	12	Blake Scheffknecht	46.16a	Simley
18.	10	David Robinson	46.64a	South St. Paul
19.	10	Colin Kummer	47.30a	Hastings
20.	-	Andrew Johnson	49.71a	Simley
	-	Omar Aguillon	DNF	Tartan

4x100 Relay - Varsity - Finals

1.	43.85a	North St. Paul (Deon Benson, KeShaun Lovelace, Quarn Lawrence, Isaiah Koran)
2.	44.31a	Tartan
3.	45.53a	South St. Paul
4.	45.97a	Hastings
5.	46.04a	Mahtomedi
6.	46.19a	Henry Sibley
7.	47.31a	St Thomas Academy
8.	48.52a	Simley

4x200 Relay - Varsity - Finals

1.	1:32.57a	North St. Paul (Bishop McDonald, Kyle Christopher, Isaiah Koran, Quarn Lawrence)
2.	1:33.53a	Simley
3.	1:36.95a	Tartan
4.	1:36.97a	South St. Paul
5.	1:37.01a	Mahtomedi
6.	1:42.22a	St Thomas Academy
7.	1:44.09a	Hill-Murray
	DQ	Hastings
	DNF	Henry Sibley

4x400 Relay - Varsity - Finals

1.	3:26.74a	Hastings (Nik Chappée, Logan Welshons, Bobby Verchota, Clayton Johnson)
2.	3:32.83a	St Thomas Academy
3.	3:33.37a	Henry Sibley
4.	3:33.52a	Mahtomedi
5.	3:33.57a	South St. Paul
6.	3:34.58a	Tartan
7.	3:39.09a	North St. Paul
8.	3:45.06a	Hill-Murray
9.	3:52.52a	Simley

4x800 Relay - Varsity - Finals

1.	8:30.49a	Henry Sibley (Tim Ekblad, Jack Korte, Thomas Murphy, Kyle Gilbert)
2.	8:36.07a	Hastings
3.	8:41.51a	St Thomas Academy
4.	8:42.15a	South St. Paul
5.	8:43.93a	North St. Paul
6.	9:04.58a	Mahtomedi
7.	9:35.65a	Simley
8.	10:14.10a	Tartan

Shot Put - 12lb - Varsity - Finals

1.	12	Malek Evans	53-02.00	North St. Paul
2.	11	Jacob Bacon	50-01.00	Hastings
3.	10	Kaleb Siekmeier	49-02.00	Mahtomedi
4.	11	Jack Warrick	46-09.00	Simley
5.	12	Kyle King	46-02.00	Hastings
6.	11	Joe Markert	45-10.00	St Thomas Academy
7.	10	Jake Kubiutowicz	45-08.00	North St. Paul
8.	11	Arafat Santa	43-10.00	South St. Paul
9.	10	Ben Kemp	42-08.00	Henry Sibley

Shot Put - 12lb - Varsity - Prelims

1.	12	Malek Evans	52-07.00	North St. Paul
2.	10	Kaleb Siekmeier	49-02.00	Mahtomedi
3.	11	Jacob Bacon	47-07.00	Hastings
4.	11	Joe Markert	45-10.00	St Thomas Academy
5.	10	Jake Kubiutowicz	45-08.00	North St. Paul
6.	11	Jack Warrick	44-07.00	Simley
7.	12	Kyle King	44-03.00	Hastings
8.	11	Arafat Santa	43-10.00	South St. Paul
9.	10	Ben Kemp	42-04.00	Henry Sibley
10.	12	Justin Hoehne	42-01.00	St Thomas Academy
11.	12	Sam Supplee	41-08.00	St Thomas Academy
12.	10	Jacob Zarnke	40-07.00	South St. Paul
13.	11	Jesse Brownlee	40-01.00	Simley
13.	11	Sathae Lo	40-01.00	North St. Paul
15.	11	Tristen Carlson	39-04.00	Hastings
16.	11	Jordan Kieger	38-03.50	South St. Paul
17.	-	Ethan Gullerud	37-04.00	Simley
18.	9	Joe Kammeyer	36-05.00	Henry Sibley
19.	10	Riley Steadt	35-11.00	Mahtomedi
20.	10	Wyatt Hermann	34-08.50	Mahtomedi
21.	11	Antonio Rodriguez	33-01.50	Henry Sibley
22.	12	Justin Pray	32-04.00	Tartan
23.	9	Alex Mix	29-09.00	Tartan
24.	12	Cullen Holm	29-02.00	Hill-Murray
	12	David Kemper	DNS	Hill-Murray
	11	Joshua Lizakowski	DNS	Tartan

Discus - 1.6kg - Varsity - Finals

1.	10	Jake Kubiutowicz	164-10	North St. Paul
2.	12	Malek Evans	156-11	North St. Paul
3.	11	Alex Poncelet	140-07	Hastings
4.	12	Sam Supplee	138-10	St Thomas Academy
5.	10	Ben Kemp	136-10	Henry Sibley
6.	11	Jack Warrick	133-11	Simley
7.	10	Kaleb Siekmeier	130-00	Mahtomedi
8.	10	Nick Belmares	129-02	Henry Sibley
9.	9	Sawyer Levos	127-08	Hastings

Discus - 1.6kg - Varsity - Prelims

1.	10	Jake Kubiutowicz	164-10	North St. Paul
2.	12	Malek Evans	156-11	North St. Paul
3.	11	Alex Poncelet	140-07	Hastings
4.	12	Sam Supplee	138-10	St Thomas Academy
5.	11	Jack Warrick	133-11	Simley
6.	10	Kaleb Siekmeier	130-00	Mahtomedi
7.	10	Nick Belmares	129-02	Henry Sibley
8.	9	Sawyer Levos	127-08	Hastings
9.	10	Ben Kemp	124-07	Henry Sibley
10.	10	Alex King	124-04	Hastings
11.	12	Avery Peterson	120-04	North St. Paul
12.	11	Jesse Brownlee	117-10	Simley
13.	12	Michael Jacobson	117-06	St Thomas Academy
14.	12	Marcel Long	116-05	St Thomas Academy

15.	11	Jordan Kieger	113-05	South St. Paul
16.	12	Adan Rodriguez	112-03	Henry Sibley
17.	-	Ethan Gullerud	110-04	Simley
18.	11	Paxton Woods	109-06	South St. Paul
19.	11	Arafat Santa	104-08	South St. Paul
20.	12	Tom Schwartz	99-10	Mahtomedi
21.	10	Riley Steadt	95-01	Mahtomedi
22.	9	Alex Mix	93-04	Tartan
23.	12	Justin Pray	91-04	Tartan
24.	12	Cullen Holm	78-00	Hill-Murray
25.	9	Mason Schuette	56-10	Tartan

High Jump - Varsity - Finals

1.	12	Ted Frid	6-04.00	South St. Paul
2.	12	Dex Beckman	6-00.00	St Thomas Academy
3.	10	Parker Fox	6-00.00	Mahtomedi
4.	11	Austen Bayne	5-10.00	Hastings
4.	12	Blake Scheffknecht	5-10.00	Simley
6.	10	Bryan Adams	5-10.00	Mahtomedi
7.	11	Cylas Alemayehu	5-08.00	Mahtomedi
7.	-	Arik Johnson	5-08.00	Simley
9.	11	Austin Getting	5-08.00	Hastings
9.	10	Robert Anigbogu	5-08.00	North St. Paul
9.	10	Mohamed Kanteh	5-08.00	Tartan
9.	11	Bishop McDonald	5-08.00	North St. Paul
13.	11	Zach Edwards	5-06.00	Henry Sibley
13.	10	Erik Vick	5-06.00	St Thomas Academy
13.	11	Max Twesten-McGowan	5-06.00	St Thomas Academy
16.	-	Andrew Johnson	5-04.00	Simley
16.	11	Miguel Beltran	5-04.00	Henry Sibley
16.	11	Eric Baanrud	5-04.00	North St. Paul
	10	Jack Korte	NH	Henry Sibley
	12	Dorren Sheegog	DNS	Hastings
	9	Nick Gallegos	NH	South St. Paul
	10	Lorenzo Martinez	DNS	South St. Paul

Pole Vault - Varsity - Finals

1.	11	Matt Kummeth	13-06.00	Mahtomedi
2.	12	Josh Tarum	12-00.00	St Thomas Academy
3.	11	Hunter Johnson	11-06.00	St Thomas Academy
4.	12	David Kemper	11-06.00	Hill-Murray
4.	11	Andrew Thibaudeau	11-06.00	North St. Paul
6.	12	Mitch Krieger	11-06.00	North St. Paul
7.	11	Max Aldrich	11-00.00	Henry Sibley
8.	12	Michael Leppala	11-00.00	North St. Paul
9.	10	Ethan Kimmes	11-00.00	Hastings
10.	11	Jonah Schill	10-06.00	Hastings
11.	11	Evan Pankow	10-00.00	South St. Paul
12.	10	Seth Arndt	9-00.00	Hastings
12.	10	Ebenezer Ojo	9-00.00	Simley
	9	Samy Arruglia-Acuna	NH	Simley
	9	Luke Adamsky	NH	Hill-Murray
	10	Nathan Gobley	NH	South St. Paul
	9	Tristyn McMillen	NH	Simley
	12	Nick Motzel	NH	St Thomas Academy
	10	Keegan Koeneman	NH	Mahtomedi
	11	Dillon O'Leary	NH	Henry Sibley
	12	Jack Schroeder	NH	Mahtomedi
	11	Felix Krause	NH	Henry Sibley

Long Jump - Varsity - Finals

1.	12	Akeem Sirleaf	21-10.50	North St. Paul
2.	11	Isaiah Koran	21-04.00	North St. Paul
3.	12	Deon Benson	21-01.75	North St. Paul
4.	11	Chase Fleischauer	20-10.00	Tartan
5.	11	Tristen Carlson	20-04.00	Hastings

6.	12	Josh Tarum	20-02.00	St Thomas Academy
7.	12	Roy Jackson	20-00.50	South St. Paul
8.	10	Bryan Adams	19-03.50	Mahtomedi
9.	11	Michael Friberg	18-09.00	Tartan

Long Jump - Varsity - Prelims

1.	12	Akeem Sirleaf	21-10.50	North St. Paul
2.	11	Isaiah Koran	21-04.00	North St. Paul
3.	12	Deon Benson	21-01.75	North St. Paul
4.	11	Chase Fleischauer	20-10.00	Tartan
5.	11	Tristen Carlson	20-04.00	Hastings
6.	12	Josh Tarum	20-02.00	St Thomas Academy
7.	12	Roy Jackson	20-00.00	South St. Paul
8.	10	Bryan Adams	19-03.50	Mahtomedi
9.	11	Michael Friberg	18-09.00	Tartan
10.	11	Austen Bayne	18-06.00	Hastings
11.	10	Joel Woja	18-04.00	Simley
11.	11	Mark Bastiaens	18-04.00	St Thomas Academy
13.	10	Ebenezer Ojo	18-03.00	Simley
13.	11	Xavier Hanson	18-03.00	Henry Sibley
15.	10	Nate Jamison	18-02.00	Mahtomedi
16.	10	D'Aundre Tolson	18-00.00	Henry Sibley
17.	9	Sam King	17-11.00	South St. Paul
18.	11	Sam McKinney	17-09.00	Hastings
19.	11	Tyler Thomas	17-08.00	Simley
20.	10	Tavian Tumbleson	17-05.50	Mahtomedi
21.	10	Louis Dinzeo	17-02.50	Hill-Murray
22.	12	Nick Motzel	17-02.00	St Thomas Academy
23.	11	Max Aldrich	16-09.00	Henry Sibley
24.	10	Lucas Bechtold	16-02.50	Hill-Murray
25.	10	Mesfin Teklu	14-11.00	South St. Paul
26.	10	Connor Propp	14-00.00	Hill-Murray

Triple Jump - Varsity - Finals

1.	11	Treshon Sanders	41-09.00	Hastings
2.	11	Chase Fleischauer	41-07.50	Tartan
3.	12	Quarn Lawrence	41-04.50	North St. Paul
4.	11	Max Lichtfuss	41-02.00	Henry Sibley
5.	10	Robert Anigbogu	40-07.50	North St. Paul
6.	11	Austin Getting	40-01.00	Hastings
7.	10	William Tuttle	39-04.50	Mahtomedi
8.	12	Trenton McCloud	39-03.50	South St. Paul
9.	12	Tyler Johnson	39-01.00	South St. Paul

Triple Jump - Varsity - Prelims

1.	11	Treshon Sanders	41-09.00	Hastings
2.	11	Chase Fleischauer	41-05.00	Tartan
3.	11	Max Lichtfuss	41-02.00	Henry Sibley
4.	12	Quarn Lawrence	41-00.50	North St. Paul
5.	10	Robert Anigbogu	40-07.50	North St. Paul
6.	11	Austin Getting	40-01.00	Hastings
7.	12	Trenton McCloud	39-03.50	South St. Paul
8.	10	William Tuttle	39-00.00	Mahtomedi
9.	12	Tyler Johnson	38-10.00	South St. Paul
10.	10	D'Aundre Tolson	38-09.50	Henry Sibley
11.	11	Austen Bayne	38-08.00	Hastings
12.	10	Nate Jamison	38-06.00	Mahtomedi
13.	11	Michael Friberg	38-05.25	Tartan
14.	9	John Sass	37-03.00	Mahtomedi
15.	11	Nick Brzezinski	36-11.50	St Thomas Academy
16.	12	Dex Beckman	36-11.00	St Thomas Academy
17.	9	Thomas Griffin	36-07.25	South St. Paul
18.	10	Erik Vick	35-07.50	St Thomas Academy
19.	11	Zach Edwards	35-06.25	Henry Sibley
20.	11	Eric Baanrud	35-05.75	North St. Paul
21.	10	Connor Propp	33-06.00	Hill-Murray

22.	7	Ryan Berg	33-02.00	Simley
23.	9	Samy Arruglia-Acuna	31-03.00	Simley
24.	9	Tristyn McMillen	30-07.50	Simley